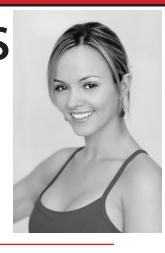




with Tanya Failla Clark from Classical Pilates Education



# **Beginner Mat Pilates**

Fri: 1230-630pm Jan 17-19, 2020

Sat: 1230-630pm

Sun: 9-1pm

A 16 hour course that will lay the foundation for a career in Pilates. By the end of the weekend, you will have the knowledge and skills to teach a Beginner Mat Pilates class.

\$500

### **Intermediate Mat Pilates**

Fri: 1230-630pm • Feb 21-23, 2020

Sat: 1230-630pm

Sun: 9-3pm

A 16 hour course that solidifies the skills that were introduced in Beginner Mat Class. By the end of the training, you will have the tools to teach a safe, effective multi-level Pilates class.

\$500

### **Advanced Mat Pilates**

Fri: 1230-630pm • June 12, 2020

Sat: 1230-230pm

A 9 hour course that is a shortened version of the Advanced Mat Training course. You will learn the advanced exercises that will challenge the most experienced students, as well as modifications for special populations.

\$250

#### **All Inclusive Mat**

(Beginner, Intermediate, Advanced)

\$1000

\$4500

# **Comprehensive Mat** & Apparatus Program

 Jan 17-19 Fri: 1230-630pm • Feb 21-23 Sat: 1230-630pm

 Mar 20-22 Sun: 9-3pm

April 17-19

May 15-17

• June 12-14

This training program certifies you to teach private and group sessions on the Classical Pilates apparatus: the Reformer, Cadillac, High Chair, Wunda Chair, Ladder Barrel, Spine Corrector, Magic Circle, Pedipul, and more. You will have the knowledge to train individuals of any age, gender, fitness level,

or physical condition.

**EARLY BIRD DISCOUNT** 

**RECEIVE \$500 OFF Comprehensive Mat** & Apparatus Program

by registering prior to

# **How to Register**

online WWW.CLASSICALPILATESEDUCATION.COM email INFO@CLASSICALPILATESEDUCATION.COM

### Location

Sunshine Plaza, 9122 Bonita Beach Rd **Bonita Springs** 



**CLASSICAL PILATES EDUCATION**